THE WOMEN & CHILDREN'S SHELTER OF BARRIE PRESENTS



ANNUAL REPORT 2022



EMAIL:INFO@BARRIESHELTER.COM WEBSITE: BARRIESHELTER.COM TELEPHONE: 705-728-6300 CRISIS LINE: 705-728-2544

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Shelter of Barrie

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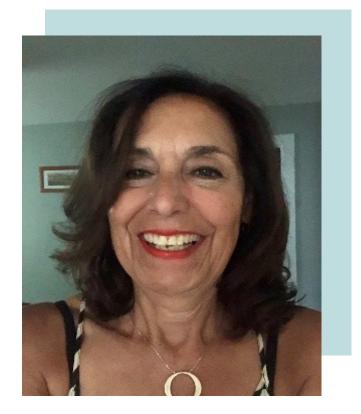
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Thank You





Anne Marie Dixon

My name is Anne Marie Dixon and I am the Chair of the shelter. I joined the board in 2015 and since then have served on the Finance Committee, as Vice- Chair and as Chair since 2021.

The board is comprised of 11 members with varied experience including banking and financial services, legal, education, social services, police services, compliance and development.

COVID-19 continues to affect our community and our lives but I'm happy that in- person gettogethers have now been safely recommenced. Under the strong and resilient leadership of our Executive Director, Teresa MacLennan, the Women and Children's Shelter of Barrie continues to advance confidently, making adjustments as needed in the way they work and how women and children are supported.

In this past year, the shelter has continued to successfully operate, complete necessary shelter repairs, host fundraising initiatives such as our largest event, 'Walk a Mile in her Shoes'. We have successfully completed the first year operating our second-stage home that was purchased in April 2021 thanks to the strategic vision of our Executive Director and the strong financial support the shelter received from the community. We thank you all for your support- whether it be financial or in- kind donations or kind messages of support. We thank you all so very much from the bottom of our hearts!

On behalf of the Board of Directors, I would like to thank Teresa and her incredible team who work tirelessly in a rapidly changing environment. They proactively take action to support, empower and provide critical services to women and their children.

As we go forward, I feel extremely strong and very positive and optimistic for our future.

Anne Marie Dixon

Chair of the Board of Directors

LOOKING BACK

A Message From The Executive Director

Teresa MacLennan



Looking back at the past year and celebrating the successes of our work and the people who help us to be successful every day. From our dedicated Board of Directors, to our highly skilled staffing teams, to our enthusiastic and caring volunteers and our community donors and supporters. We could not do our work without a well-connected, dedicated group of people with the same goals and passions in mind. ...To provide the best service possible to women and children experiencing violence and to ensure they have the best outcomes possible with our help and support. You all make that a reality for the women we serve every day.

The past year has been one of change and transition as we continued to manage COVID 19 with the help of our community and the diligence of our entire team.Our models of service made some slight shifts to hybrids of working from home and inshelter, to the re-introduction of women's groups in person. We were careful, strategic and sensitive to the needs of our employees and our clients as we gradually eased back into a closer to normal way of doing business. I am very proud to report that we have not had any outbreaks of covid 19 and have only experienced a handful of covid cases in shelter throughout the past 3 years. I am incredibly proud of our team for continuing their diligence in keeping our environment safe and healthy for both our employees and our women.

At the end of last year, we took a leap of faith and purchased our first transition home for women leaving our shelter and women in the community. We decided to venture into second stage housing because we recognized the need for safe and affordable housing for our women, and that sometimes women aren't completely ready to live in the community once they leave the shelter. Some women find the transition to the community difficult and they want to live in an environment where support is still available if they need it. Our second stage home has been very successful and we have seen many women leave that space when they are ready to venture out into their own home. We continue to be very thankful to Martha Campbell for her legacy donation that helped us to purchase that home. I think Martha would be very proud of the progress we have made in creating a warm, welcoming home for women to transition into.

Over the past 6 years that I have held the seat of the Executive Director I have learned a great deal. In fact, I continue to learn each and every day. Our work environment is very unique and not like any other I have experienced before. With this unique environment can come many challenges and uncomfortable moments. Times when we need to slow down, reconnect with each other and evaluate our wellness and self care.Collectively, our team moves together through the changes that need to happen and the potential changes that could happen. I am especially thankful to work with a dynamic group of women who accept the challenges that come their way and find creative solutions to work through those difficulties. Over my time in this role, I am very proud of the long list of things our entire team has achieved. And we are just getting started!

When I look to the future I see only possibilities, opportunities, partnerships and collaboration. I see services that meet the changing needs of women in our community. I see different service models that are creative and out of the norm. I see us continuing to think ahead, create a new path and to find our place as leaders in the community that use our voice to educate and create movement to end violence against women. The possibilities are endless but of course not without cost, energy and drive to get there.

Financially we have been stable throughout the Pandemic because of the support we continue to receive from our community. Financial donations, in kind donations of groceries and hygiene supplies continue to carry us through these challenges. We are forever grateful for the relationships we have with this community and how we feel cared for and carried during the difficult times.

Our heartfelt thanks to everyone who partners and walks alongside us. For your voice that calls out practices and systems that feed gender inequity. For your steps as you March with us on International Women's Day and Walk a Mile in Her Shoes. For your food drives and fresh produce donations that sustain our families. And for your kind words that motivate us and encourage us to do our best as we encourage women to also strive for the best. And that collectively is our work. For all of us to think about our action to end violence against women and create change in our community.

Join us as we continue on that path and let's make that change happen together.

Sincerely

Teresa Maclennan Executive Director



My Story By Hafsa

My name is Hafsa, I was in a verbally, emotionally, mentally, physically and financially abusive relationship .

I have had a strong desire to study nursing, so I did very well throughout my school years. All I have had in my mind is how to become a nurse. I finished high school with excellent grades. In our culture and religion, the men at home is your guardian, no matter what your age is, even when you marry the guardian will be transferred to the husband.

Why I am saying this is because when I applied for university, I had to have permission from my brother. He told me to go to a different career, I refused. I spent a year hoping I might be able to go, but one day my brother came to me and told me that someone wants to marry me and he said he gave him his permission.

I met him with my brother present for about two hours and then my brother told me everything was discussed, and they agreed on a day to be married, just a week after I met him. I came to Canada and after I had my daughter I told my husband I want to go back to school and be able to become a nurse. I had to wait because he refused. When I was married, we were isolated from the outside world so after 15 years of isolation, I managed to leave for the safety of my children and I.

After we had a big fight, he took me to the Barrie learning center. I knew this was temporary to cool the situation so I told my teacher who contacted the shelter. It was a long wait for beds so the teacher took the responsibility and checked every day with the shelter. Finally, they were able to secure a place for my family and we moved. We were scared but the staff made us feel welcomed.

During our time in the shelter, my children were able to go to school for the first time in their lives. I opened my first bank account, got my driver's license and I was able to finish my courses that I needed for my nursing program. I started looking for housing to start our new life but with someone in my situation with no credit and employment, it's very difficult. I stayed in shelter for five months. During that time, I was supported by the shelter and I am grateful and thank them for letting me stay the time I needed. I finally succeeded in finding a house with the help of the shelter. I moved to the house and I was scared but I got all the support that I needed. I started my nursing program and it was not easy for a single mother with five children ages 13 - 3 years, but I made it due to the huge support from the shelter outreach. I remember getting out of the college and walking to the Outreach office and meeting all the wonderful staff there. By the time I returned home, I felt so released and motivated to continue doing what I am doing.

During the school year, the shelter would send my children stuff for school and that would help me with the cost. I never felt alone. Now I am a full employee nurse at a concurrent disorders program which is dealing with mental health and addictions. I think being at the shelter influenced me to choose this program. I am driving now, my oldest daughter graduated with honors and Ontario scholarship and awards and is attending university for a forensic science program. I have a secure house.

I hope my story reaches out to all the supporters of the women and children shelter and I would love to say that your support saves families and also for those women who are afraid there are people who dedicate their lives to give back to the community and I hope my family and I will do the same thing in return. I will never be thankful enough for all the support, encouragement and support by all of you. May God bless each of you and your family.



Services

Our staff team is comprised of dynamic, caring, passionate and committed women, who every day act as 'agents of change' in the work to end gender based violence. The women and children who access our services teach us hourly about resilience, courage, fortitude and the ability to create positive change in one's life.

All shelter programs are free of charge and self referred.

Alison Williams

Program Manager



Shelter Services

As many of you know, our twenty-seven bed shelter supports women and their children with a safe place to live while they navigate the changes they are making in their lives. The services consist of programs for children that encourage communication about feelings, experiences and relationships. Our child support staff provide information, and advocacy with community resources that foster parenting strategies and positive communication between mom's and children. Our women's services team operate the crisis line and shelter residence, which offers twenty-four hour service to women who are experiencing intimate partner/domestic violence, human trafficking, and are in need of safety planning, access to the shelter or community referrals and resources. Mental health, housing and group supports are also provided in shelter.

Outreach Services & Programs

The outreach team provides programs to women in the community that includes; legal advocacy, transition and housing support, one on one counselling, and group support. Our youth violence prevention program, which is accessible through our website to book inperson or virtual presentations, offers education about identifying unhealthy relationships, signs of human trafficking, assertive communication, setting and respecting personal boundaries and safety planning. Our second stage housing includes; a 4-bedroom house which supports a cooperative living environment, and a partnership with Redwood Communities who also provide housing units for women and children the shelter is servicing.

Overview

Over the last few years our organization like many others, has been navigating our services to the community through a pandemic. To say this has been challenging is an understatement. It is both humbling and inspiring to experience and witness the resilience women and their children demonstrate every day by reaching out and exercising the right to have safe housing in a community of their choosing. Overcoming yet more barriers and complexities in order to live free of violence is a remarkable example of strength and courage. The women, children and frontline staff who provide compassionate, fulsome support, continue to demonstrate what is possible to achieve even when faced with great adversarial challenges, that at times can be life threatening. The dedication and commitment of all staff to provide exceptional service and support to women and children in need of our services, has been unwavering. The women and children who have navigated the uncertainty this pandemic has and continues to present are truly exceptional. Through collaboration, knowledge sharing, the support of our community and at times creative planning, services and programs throughout the pandemic have continued to expand and support the people who need us most.



SUMMARY FINANCIAL REPORT

WOMEN & CHILDREN'S SHELTER OF BARRIE

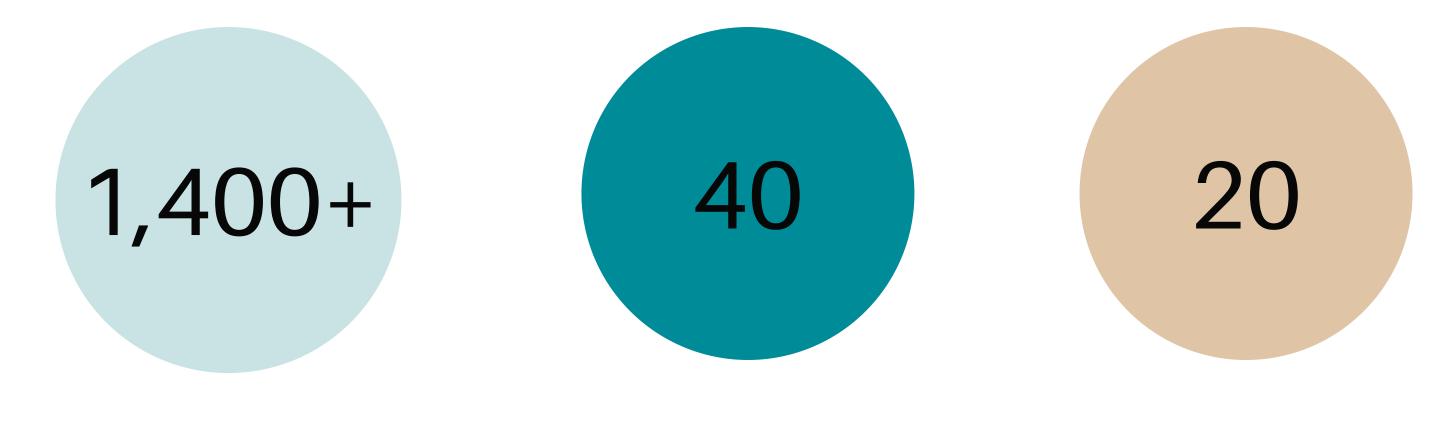
Statement of Revenues and Expenditures For the Year Ended

March 31, 2022

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$\begin{array}{ccccc} \text{Other expenses} & 47,432 & 23,133 \\ \text{Utilities} & 33,643 & 26,592 \\ \text{Administrative supplies} & 27,166 & 26,476 \\ \text{Communications} & 26,759 & 47,272 \\ \text{Training and education} & 26,010 & 13,270 \\ \text{Insurance} & 25,879 & 21,009 \\ \text{Professional fees} & 21,164 & 21,312 \\ \text{Travel} & 16,742 & 12,477 \\ \text{Advertising and promotion} & 15,797 & 14,457 \\ \text{Service contracts} & 13,255 & 13,047 \\ \text{Bingo and Nevada expenses} & 2,457 & 3,042 \\ \text{Property taxes} & 1,321 & - \\ \text{Lodging} & - & 58,200 \\ \text{Rent} & & 1,321 & - \\ \text{Lodging} & - & 58,200 \\ \text{Rent} & & 1,321 & - \\ \text{Investment income} & 20,507 & 7,563 \\ \text{Realized loss on disposal of investments} & (1,307) & - \\ \text{Investment income} & (23,303) & - \\ \text{Investment income} & (23,303) & - \\ \text{Investment management fees} & (4,142) & - \\ \text{Amortization of capital assets} & (61,699) & (65,404) \\ \text{Amortization of deferred contributions related to capital assets (Note 6) \\ \text{Termination costs} & (25,000) & - \\ \end{array}$		95,880	73,196
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	EXCESS OF REVENUE OVER EXPENDITURES	741.283	1.020.571

YEAR IN REVIEW

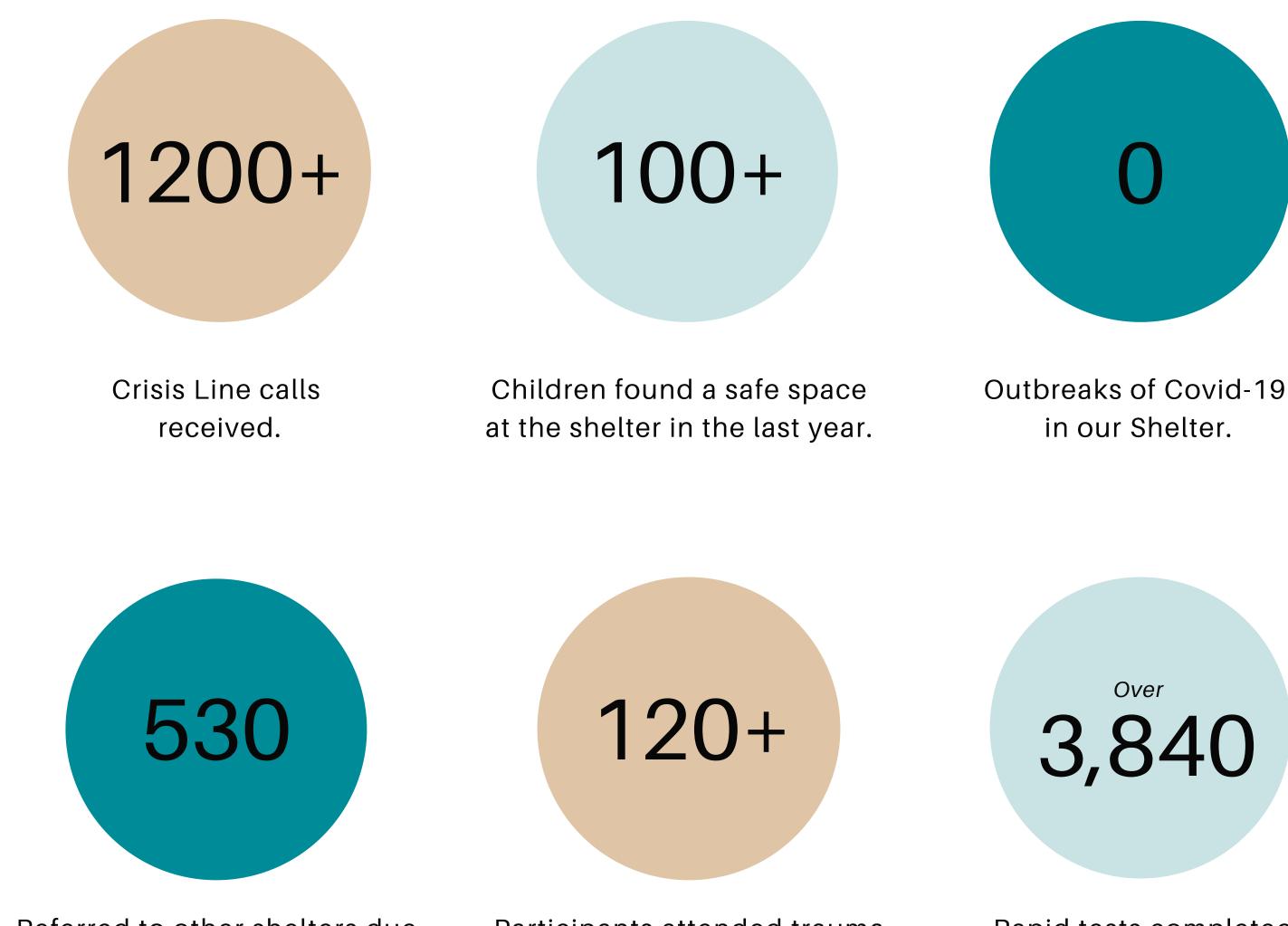
Over 6,000 women and children will be sleeping in a shelter in Canada tonight. (CWF).



Women served in shelter and community services.

Over 40 Human Trafficking victims accessed shelter beds.

Over 20 ongoing counselling groups per year.



Referred to other shelters due to overcapacity and no available bed space. Participants attended trauma informed training.

Rapid tests completed.

YEAR IN REVIEW

Over the past year, there have been many changes to our shelter that we are excited to share with you as we strengthen our community ties and work towards ending violence against women.

Facility Update

- Shelter kitchen and pantry remodel
- Shelter kitchen fire suppression system
- Second Stage kitchen remodel
- Second Stage interior paint
- Second Stage Garage replacement

Events

- Walk a Mile in Her Shoes 2021 in-person
- Wrapped In Courage 2021
- December 6th 2021 Virtual
- International Women's Day 2022 Virtual



THANK YOU TO OUR GENEROUS DONORS

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Innisfil Community Foundation Kiwanis Club of Barrie Lady Lime Foundation Rudy Mak Surveying Ltd. Unilock Ltd.

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Thank You.

We aim to provide services to women that help them heal and recover from the abuse they've experienced. Your support helps us to provide those quality services to women and their children.







Thank you for helping us to help the women in our community and put an end to Violence Against Women.



