



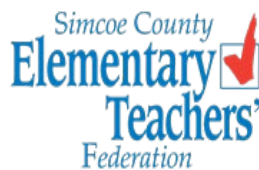
FOR IMMEDIATE RELEASE

14th Annual Walk a Mile in Her Shoes Event

Walk a Mile in **HER Shoes Returns to Downtown Barrie Heritage Park**

Hosted by Women & Children's Shelter of Barrie

Presented by:



*"You can't really understand another person's experience until you've **walked a mile in their shoes.**"*

Walk a Mile in Her Shoes is a community march where the community leads the way on the road to end domestic violence by walking one mile in red high-heeled shoes. The Walk gives participants the opportunity to get their communities talking about a difficult subject while increasing awareness of the problem, offering opportunities for healing, and demonstrating their willingness to walk with women and children as allies, advocates and survivors.

Date: Saturday, September 9th 2023

Venue: Heritage Park, Downtown Barrie

Registration & Photos: 11:00 a.m.

Opening Remarks: 11:45 a.m.

Walk begins 12:00 p.m.

Lunch & Prizes: 12:45 p.m.

Register yourself or a team: canadahelps.org/en/charities/women-childrens-shelter-barrie/p2p/2023WalkAMile/

The 'Walk a Mile in Her Shoes' event in Barrie will benefit local women and children affected by intimate partner violence and supported by the Women & Children's Shelter of Barrie. The Women & Children's Shelter of Barrie relies heavily on community support and donations to be able to provide programs and services in Simcoe County.

For over 40 years the Women & Children's Shelter of Barrie, has been providing a safe and secure refuge for abused women and their children in Simcoe Community. Since 2001, men, women, and their families around the world have joined the Walk a Mile in Her Shoes Event. Walk a Mile in **HER** Shoes is a symbolic march that gives men and male-identifying allies the opportunity to take a stand

against violence against women.

The Women & Children's Shelter is a 27-bed facility offering 24-hour emergency and residential support. Funds raised from this event provide shelter, individual counselling, legal advocacy, housing transition services, a 24-hour crisis line, group support, and public education programs, all in the effort of creating the best life for women escaping abuse. The goal for 2023 is \$70,000 and we know the Barrie and Simcoe County region is ready to support #WAM2023 through individual or team fundraising.

Sponsorship opportunities are still available and teams can now register online [HERE!](#) For more information, please contact Community Development Manager, Deb James at 705 817 1189 or deb@barrieshelter.com