

**FOR IMMEDIATE RELEASE**

**13<sup>th</sup> Annual Walk a Mile in Her Shoes Event**

**Walk a Mile in **HER** Shoes Returns to Downtown Barrie Heritage Park**

Hosted by Women & Children's Shelter of Barrie

*"You can't really understand another person's experience until you've **walked a mile in their shoes.**"*

Walk a Mile in Her Shoes is a community march where the community leads the way on the road to end domestic violence by walking one mile in red high-heeled shoes.

The Walk gives participants the opportunity to get their communities talking about a difficult subject while increasing awareness of the problem, offering opportunities for healing, and demonstrating their willingness to walk with women and children as allies, advocates and survivors.

**Date:** Saturday, September 10<sup>th</sup> 2022

**Venue:** Heritage Park, Downtown Barrie

**Registration & Photos:** 11:00 a.m.

**Opening Remarks:** 11:45 a.m.

**Walk begins:** 12:00 p.m.

**Lunch & Prizes:** 12:45 p.m.

**Register yourself or a team:** [barrieshelter.com/walk-a-mile](http://barrieshelter.com/walk-a-mile)

The 'Walk a Mile in Her Shoes' event in Barrie will benefit local women and children affected by intimate partner violence and supported by the Women & Children's Shelter of Barrie. Each year the fundraising goal is \$50,000 and we are hopeful that being back in Downtown Barrie's Heritage Park, we will reach our goal. The Women & Children's Shelter of Barrie relies heavily on community support and donations to be able to provide programs and services in Simcoe County.

The Women & Children's Shelter of Barrie providing a safe and secure refuge for abused women and their children since 1981. We are a 27 bed facility offering 24 hour emergency and residential support. Funds raised from this event provide shelter, individual counselling, legal advocacy, housing transition services, a 24-hour crisis line, group support, and public education programs, all in the effort of creating the best life for women escaping abuse.

Sponsorship opportunities are available. For more information contact please contact Katie Taylor 705-792-2188 or [Katie@barrieshelter.com](mailto:Katie@barrieshelter.com)

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